FIRST BOOK $5

HOMO SEXUAL SEX TECH NIQUES

photo illustrated*

HOMO-SEXUAL SEX TECH-NIQUES

FIRST BOOK

INTRODUCTION

MASTURBATION — guilt feelings — mechanism of orgasm — historical references — Vibrators and other aids — physical reactions — manipulation of the penis by hand — methods and preferences.

FELLATIO — historical references — origins of terminology — comparison of physical sensations between Fellatio and other sexual activities — physical reactions of partner — methods of Fellating — disadvantages of Fellatio.

ANAL INTERCOURSE — personal hygiene — fallacy of insistence on superiority of face-to-face contact — psychological associations with childhood — example of use of dildo in Eastern religion — relaxation of sensory nerve center — function of the Prostate gland in Anal Intercourse — varieties of positions — lubrication — disadvantages of Anal Intercourse — other methods of body-to-body contact between males — definition of "Greek Love."

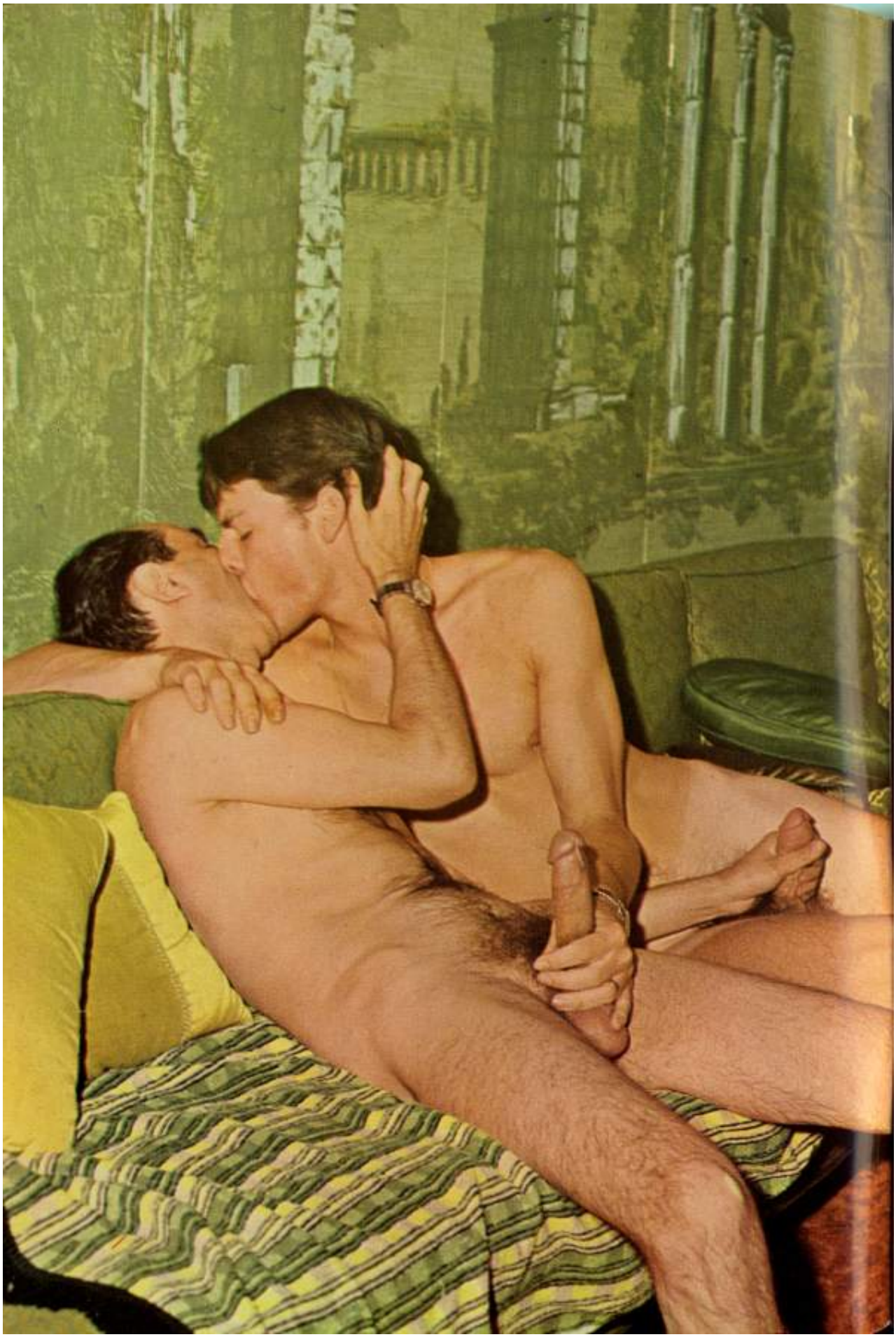
SECOND BOOK

BONDAGE — primarily a heterosexual activity — CASE HISTORY: sadistic stepfather — brother tied up in barn for misdemeanor — sexual excitation of subject — interviewee trussed up in turn — sexual activity between interviewee and brother — later bondage development — rape by truck drivers — researcher's summing up.

URO- & COPROLAGNIA — connection with sadomasochism — Urolagnia more prevalent in modern times — roots in childhood — definition of "Water Sports."

SADOMASOCHISM — biological and historical origins — alleged methods of contact in New York — mainly prevalent in large cities — homosexual S&M club in San Francisco — primary sexual activity of sadomasochist.

AUTO FELLATIO — Comparative infrequency of use — alleged prevalence among carnival and circus performers — CASE HISTORY: student of Hatha Yoga — able to touch penis head with tongue — develops dexterity — claims natural advantage of Auto Fellatio — researcher's summing up.



INTRODUCTION

The bed groans loud:
two give and two indeed receive—
but look again—just three are there:
I seem to tell a marvel, but it's true.
The middle youth both gives and takes;
enjoys the boy before, delights
the man behind . . .

— STRATO OF SARDIS

This book attempts to explain the physical aspects of male homosexual activity for the benefit of those people who have always used the old question "But what can two men possibly DO together in bed?" as a prejudicial criticism of the very existence of these, to them, thoroughly decadent and abnormal individuals.

In this time of sexual enlightenment it seems incredible that some people still can ask this question. But many of those active in the educative and other related professions maintain that there is considerable ignorance about the mechanics of homo sex. It appears that the heterosexual image of penis/vagina coupling is so strong that they are unable to visualize any departure from the norm; theirs, that is.

One wonders whether or not their own love lives are so unimaginative that, never departing from the one position they were taught as the basic requirement for procreation, they think the whole world does it the same way and that one way only. However, one must always admit the possibility that their attitude is deliberately maintained in order to side-

step the whole issue of acceptance of the homosexual as a *bona fide* member of society, not as an undesirable minority outcast.

Others less sadly bigoted in their outlook will know that there are multiple forms of sexual satisfaction available to the uninhibited couple, whether hetero- or homosexual. Some couples share a mutual fascination in sexual experimentation. Deviations in the expression of love very often occur spontaneously in both partners, thus making the relationship more compatible, however impermanent that relationship may be.

In resorting to various methods of sexual gratification one is able to satisfy many unconscious psychological cravings. However dubious our friend the Doubting Thomas may be, it is a fact that the wife who occasionally prefers to be on top of her husband gratifies her masculine component. In performing fellatio she is able to assume the role of the child sucking at her mother's breast. Reversing the role in giving her breast to her partner, or in the case of the homosexual, his penis, the maternal instinct is gratified.

Everyone has an innate desire to love and to be loved, to experience pleasure and share it with someone else. Sex, therefore, serves a dual purpose: survival via procreation and survival via love pleasure. The latter serves to make the struggle for existence more endurable, as well as enjoyable. In other words, to live is to love, and to love is to live. Love, sex and survival are all inter-related. In the case of homosexuals, of course, sex satisfies the pleasure principle and is as necessary for self-expression as procreative sex is to the heterosexual.

This book does not attempt to analyze the psychological or historical origins of homosexuality or to justify the activities of homosexuals, beyond a logical assumption that what is pleasurable to the individual must be good, provided it does not harm anyone else.

Those aspects have been covered in innumerable other publications of varying importance and authenticity. From reading a great deal of literature in preparation for the present volume, the writer has come to the inescapable conclusion that more nonsense has been written on this subject than any other, except perhaps religion and politics, and even they are dragged in frequently as parts of the "problem" of homosexuality.

One of the shrewdest observations about sexually preferring a partner of the same gender was made recently by a writer in *Gay,* the widely circulated bi-weekly New York newspaper. He states, *"It is my personal opinion, based mainly on a few years of observation of myself, that man is a thoroughly lazy animal. While it is the general consensus that most homosexuals are promiscuous people, I tend to think, rather, that most promiscuous people are homosexuals. Because in the homosexual environment what one wants sexually . . . one can get easily."*

One might add that the use of the word 'lazy,' could be applicable to everything but the homosexual's pursuit of sexual pleasure, as the following text and illustrations will show!

MASTURBATION

Masturbation is in itself no perversion, but a harmless physiological transitional phase and by-product of the healthy sexual impulse.

—E. KRETSCHMER,
A Textbook of Medical Psychology

In the India of antiquity it was believed that masturbation was a gift from the god Krishna to console man for all the hardships he had to endure on earth. Since that time this harmless practice has been accused of everything from causing the downfall of nations to putting hairs on the palm of your hand.

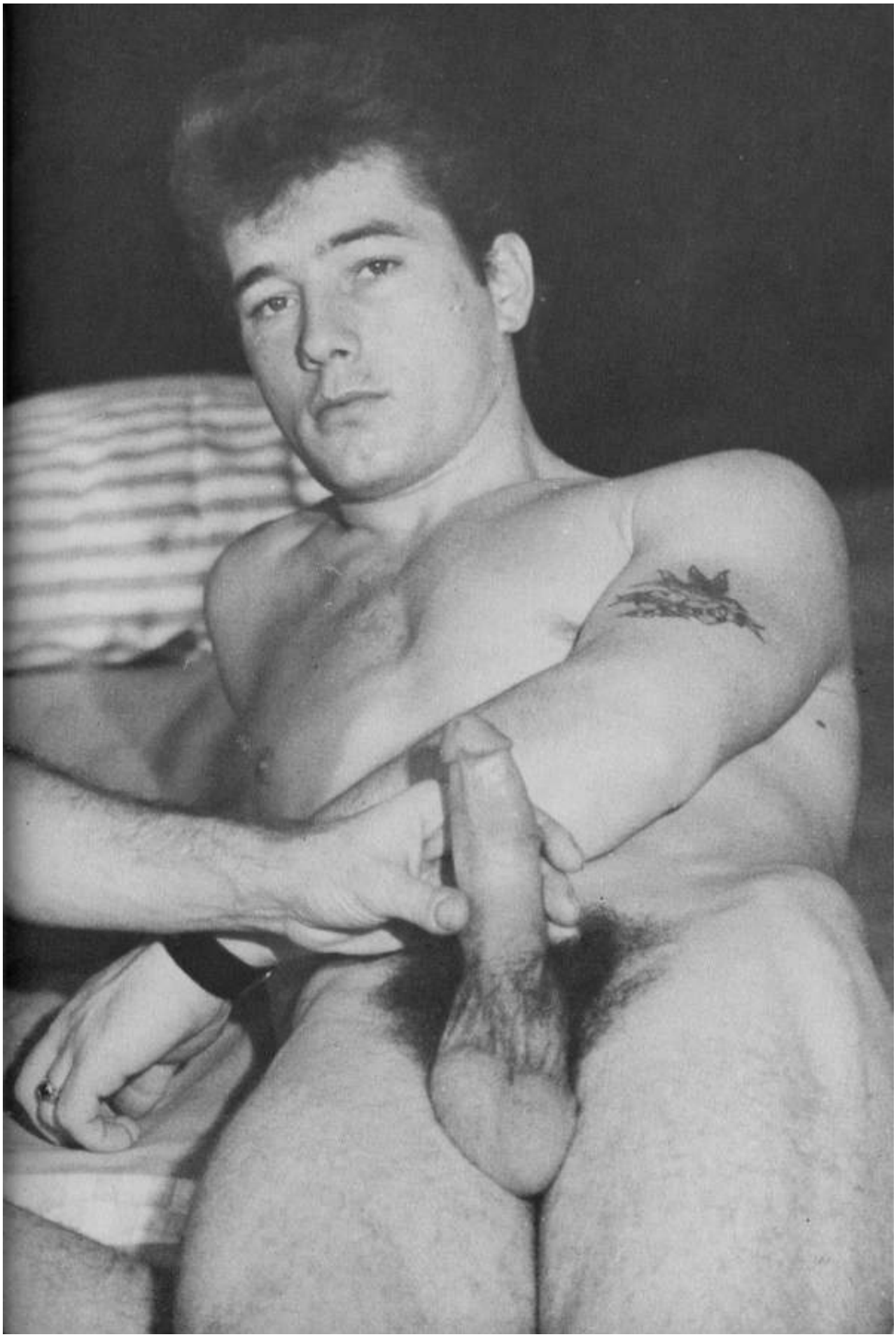
A healthy child has no guilt feelings about masturbating unless parents or another well-intended agency have put them there. It is an inevitable consequence of exploring his

or her own body in search of knowledge of its various functions, an exploration as important to them as finding out about the outside world around them. The old belief that if they are allowed to indulge themselves in this way they will become obsessed with it to the detriment of their health and the neglect of other activities, is now fortunately on the wane.

The mechanism of orgasm is foolproof and self-limiting; once a child—or an adolescent or adult for that matter—has had enough, which can mean one or more orgasms, disinterest and fatigue take over followed by an interest in other non sexual activities. Of course, there are extreme cases of boys who don't know when to stop but their extremism would find an outlet elsewhere if not in masturbation.

Many homosexuals prefer masturbation, mutual or otherwise, and have become very adept at ringing the changes in order to provide themselves and their partners with more thrilling climaxes. *Ancient literature abounds with stories of their ingenuity. One homosexual club in medieval Europe, in which the majority of members were makers, devised and secretly perpetuated the recipe for "Cupid's Pudding." This was a stiff dough which was heated to body temperature and used as a receptacle for the penis. We are told that much of the erotic pleasure derived from it came from a heavy mixture of spices folded into the dough which presumably acted as an olfactory and cutaneous stimulant.*

The ancient Persians, who were reputed to consider normal intercourse as extremely dull, practiced, among their many other perversions, a kind of vegetableism. They developed a

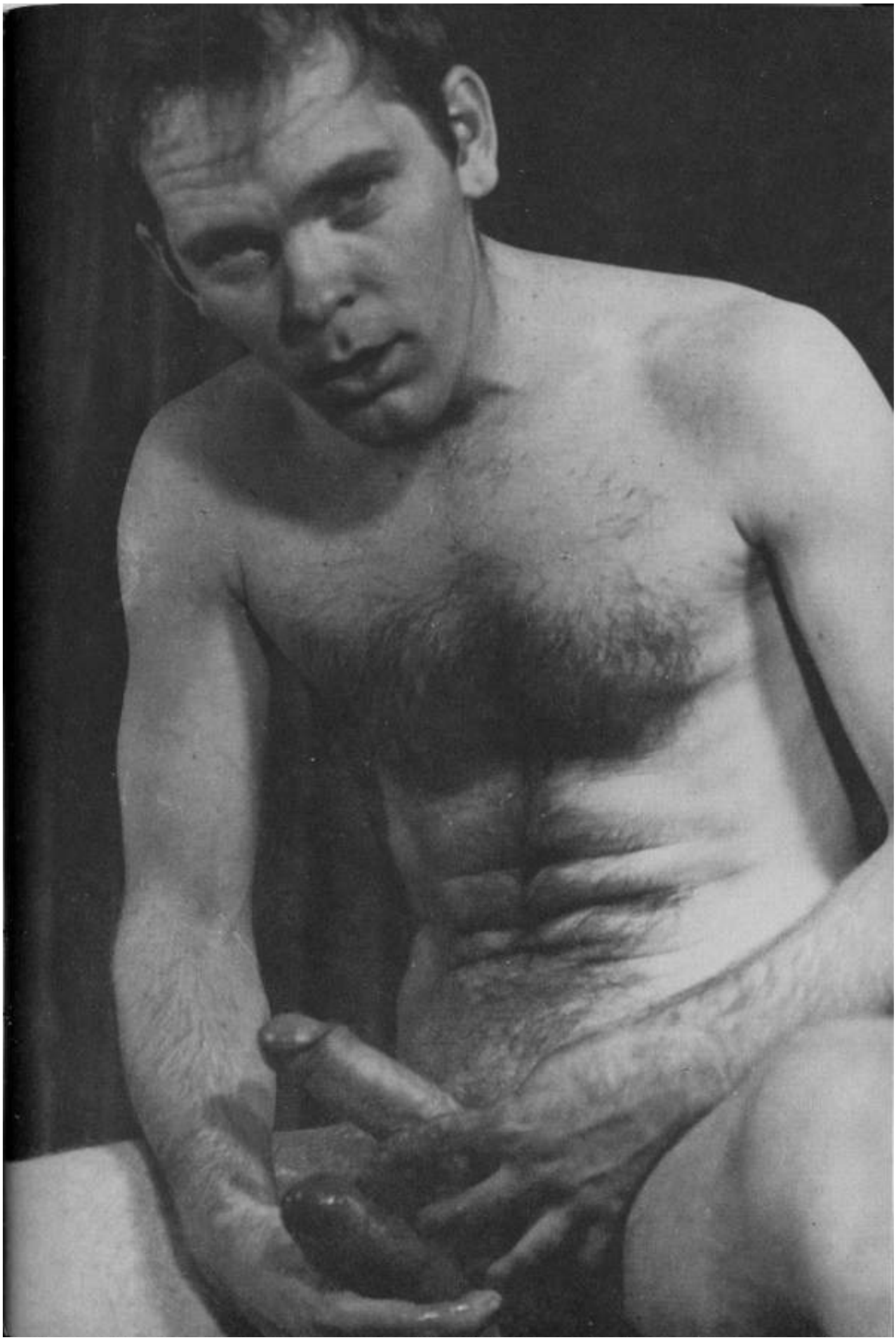


melon large enough to be held with both hands and whose skin was just tough enough to give delight to the head of the penis which pierced it.

In this electronic age the masturbator has a variety of devices to give real meaning to his chosen course. Principal among them are the several different vibrators on sale in any reputable pharmacy or department store. They range from an off-balance motor which is strapped to the hand by wire coils or leather bands and which causes the fingers to vibrate rapidly. Another is a straightforward kind which comes with a number of attachments, somewhat like a vacuum cleaner does. One enterprising homosexual of our acquaintance even *uses* a vacuum cleaner, claiming that the suction on his penis gives him an unmatched sensation.

Other props in the catalog range from comestibles such as raw liver, steak and overripe fruit of various sorts, to wide-necked bottles (extremely dangerous unless well greased), knot holes in fences and the inner cardboard ring of a roll of toilet tissue. However, by general agreement the preferred method is one's own or another person's hand.

As with other sex techniques described in this book, mutual or single masturbation between a homosexual and his partner, who need not necessarily be completely homosexual himself, can be used as foreplay or carried on to the point of orgasm. The physical reactions are the same in both cases and the pleasure derived from it just as satisfactory. There are several aspects of these physical reactions determining the ultimate success of the orgasm which are worth noting here.



When erection in the male occurs there is excitement in the pelvic region with a definite urge to make thrusts forward. Rigidity in the abdomen is unhealthy and is usually a sign of fear of one's sensations. Holding the pelvis rigid rather than allowing it to make its instinctive thrusting movements is evidence of disturbance, inhibition or even sickness. Usually it testifies to guilt and haste to get it over with. Without that guilt feeling the excitement manifests itself by spontaneous copulatory pelvic thrusts against the partner's hand or whatever is being used. Usually the rhythm is such that one exhales with each thrust.

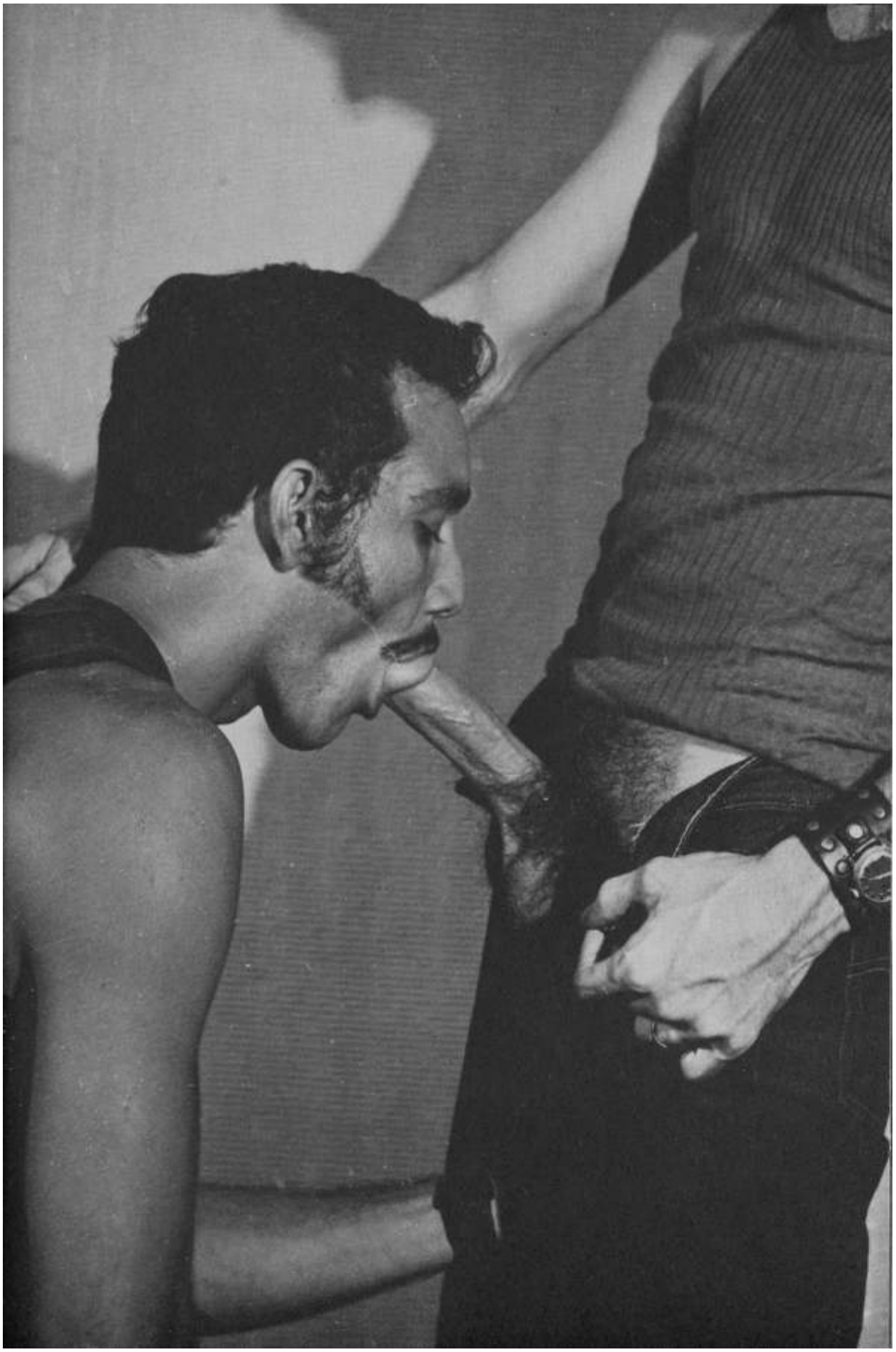
As the act progresses, allowing the right concern for one's own and one's partner's pleasure, the bodies begin to become more and more excited all over, not merely in the so-called erogenous zones. The healthy person begins sweating, panting and gasping deep breaths. He no longer has control over what he is doing and his body behaves in reflex fashion. Areas such as the nipples, the buttocks and the anus become very sensitive to the touch. The voyeuristic satisfaction of watching the partner's abandonment to the pleasure of the moment does not lessen one's own excitement but rather increases it.

At the onset of a natural, involuntary climax convulsions occur, often of the whole body; they tend to arch the back and make the pelvis swing forward and up, the head forward and down. Contractions of the anal and other muscles occur. Healthy individuals surrender completely to these convulsions, not attempting to control or fight them even to prolong

the pleasure. Many people involuntarily groan or vocalize in other ways, even with tears, and there is a need to hold on to the other person's body and press them close. The attainment of such a satisfying orgasm is an end in itself and, ideally, is achieved with a clear conscience and a deliberation of purpose.

Specifically, mutual masturbation by hand is not capable of as many variations in position as other methods. The differences lie mainly in degree of touch and an awareness of the most satisfying ways of manipulating one's own and the other person's penis. Depending on the physical characteristic of the organ, some prefer it to be handled at the base, others at the tip. Some prefer slow up and down motions while others react to quick, jerky movements. The *degree* of touch, clutching hard or feathering lightly, sometimes with the tips of the fingers only, is an important consideration in attaining a satisfactory orgasm.

As J. Z. Eglinton remarks in his book "Greek Love": *"A willing partner, or temporary unavailability of such a partner during sexual need . . . is sufficient reason for masturbation. Moreover, there is no logically assignable reason why healthy sex play leading to orgasm must needs involve coitus. Sexual satisfaction is sexual satisfaction no matter from whom obtained and its desirability or undesirability must be decided on entrely other grounds than gender or age."*



FELLATIO

Baseball and tennis have yet to successfully compete with the orgasm.

—LEE R. STEINER

As will be seen from the illustrations accompanying this book, fellatio is by far the most prevalent form of sexual activity among homosexuals in this country. To qualify this statement it should be stressed that it is relevant only insofar as this country is concerned and that the conclusion has been arrived at after extensive reading, viewing of photographs and films and interviews with overt and highly articulate homosexuals, both in and out of the psychoanalytical spectrum. Another preference altogether may prevail in that vast outer fringe of sporadic, casual homosexuality.

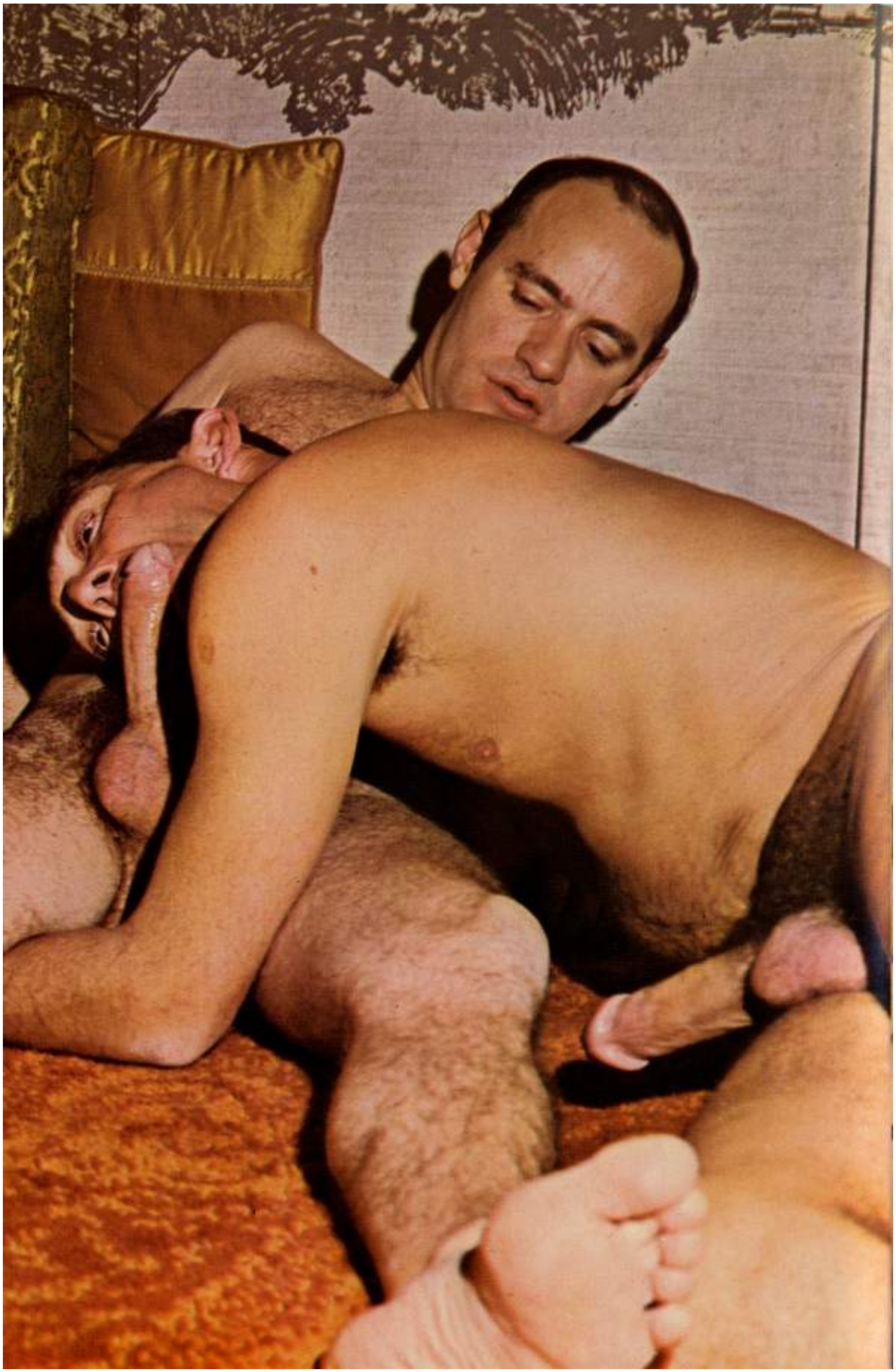
Historically, oral genital stimulation is a relatively recent phenomenon. It was very rare in ancient Greece and Rome and was generally looked upon as degrading; apparently it became common only around the eighteenth century. So called "sixty-nine" was unknown in the ancient world, as their written erotica contained no expression known to have this meaning, and their visual erotica never depicted the practice.

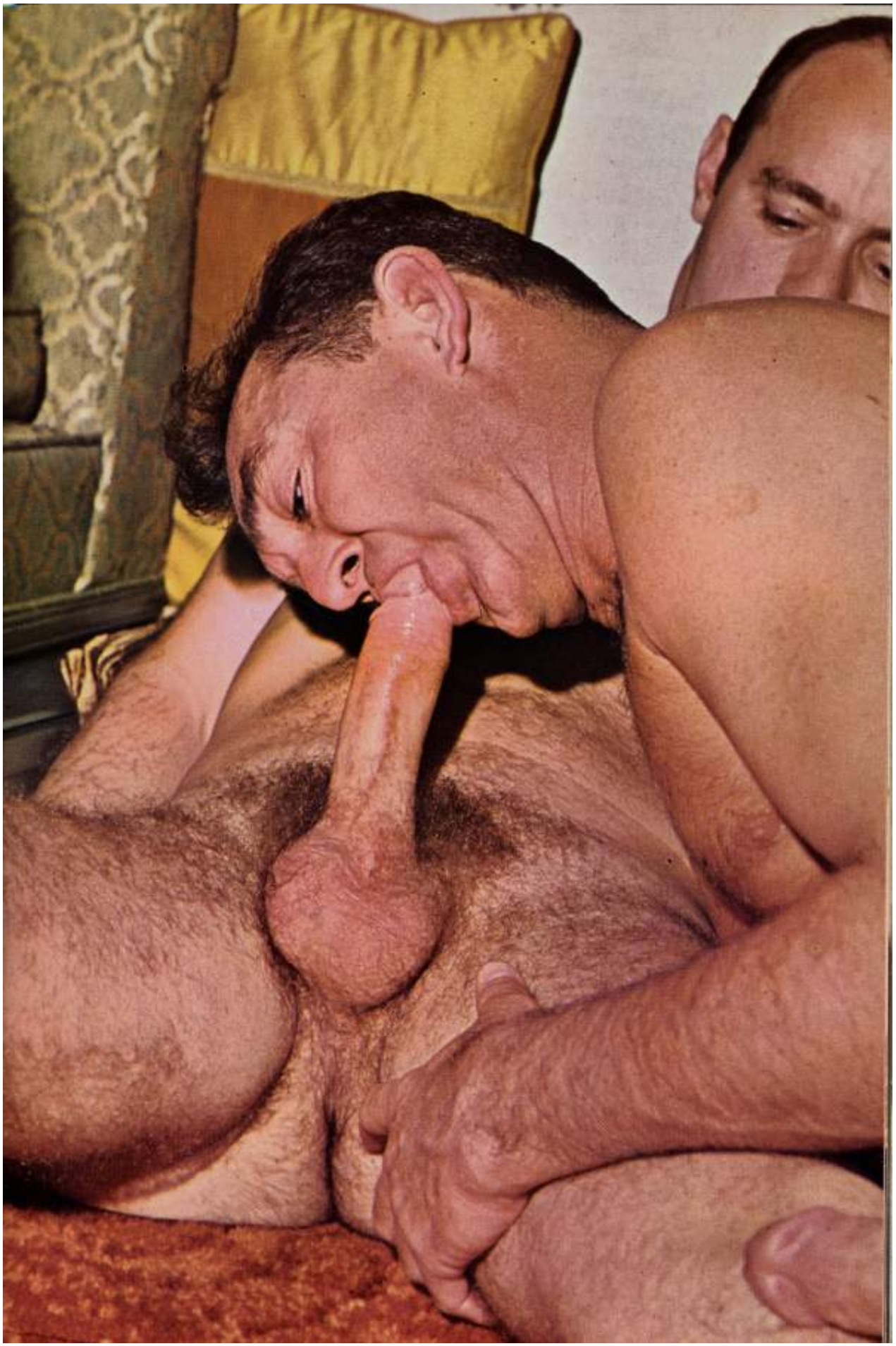
The first mention of the numeral 69 with a sexual meaning seems to have been around the time of the French Revolution and even at the time of the world's greatest outpouring of erotic literature, the Victorian era, it was very infrequently described. One can only assume, then, that it was popularized

by Americans as they began to travel more and more to other countries, somewhat in the same manner as their exports such as Coca Cola. That one of the two favorite American slang expressions is "cocksucker" is evidently no accident, giving rise to the theory that the American male is inadequately breast fed in infancy.

Actual oral intercourse is given two names. This is detailed for the benefit of those who wish to have a historical and clinical precedent for their choice of one particular sexual

activity over another as well as for those whose interest is merely clinical. *The person using his tongue and lips on the other's genital area is said to be performing* fellation, *from the Latin word meaning to suck. The person inserting his phallus into the partner's mouth is said to be performing* irrumation, *from the Latin* irrumatio, *a verb originally meaning to give the nipple to an infant.*

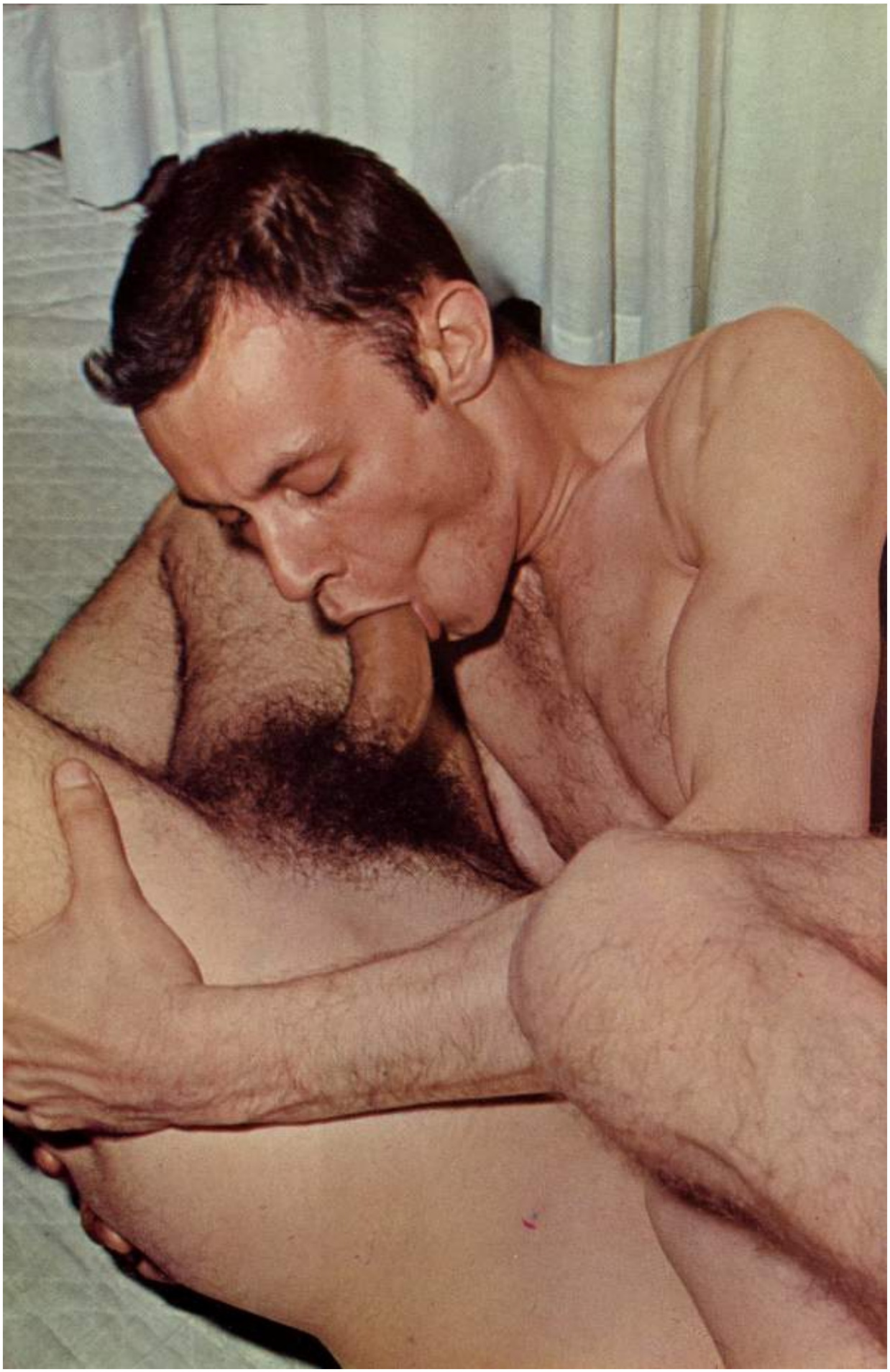




The sensations experienced by the irrumator are approximately the same as those experienced by someone performing vaginal intercourse with a woman who knows how to contract the vaginal sphincter muscles, except that with the woman there is the additional advantage of face-to-face contact. However, it was learned from one interviewee that this is precisely why many hmosexuals prefer fellatio, mutual or otherwise, in that all the attention is concentrated on the genitals without the bothersome need to vocalize or otherwise indicate affection in the more traditional manner.

The sensations experienced by the fellator vary from case to case. As mentioned before, with some individuals there is a recreating of what appears to be the sensations associated with breast feeding. With others the sensation is mildly pleasurable and much the same as that found in tongue kissing; the stimulation comes then partly from awareness of the intense pleasure his partner is experiencing. Much the same can be said of those who indulge in *cunnilingus,* oral vaginal stimulation of the female, and for much the same reasons.

To the unselfish lover great excitement can be obtained in sexual contact with male or female by observing one's partner's reaction: heavy breathing, squirming, involuntary cries, sighs, and spasmodic movements of the body, and from knowing that one is giving the other person such delicious sensations. And when two individuals care enough about each other to take delight in giving each other such sensations, their own physical pleasures are thereby enhanced a great deal more.

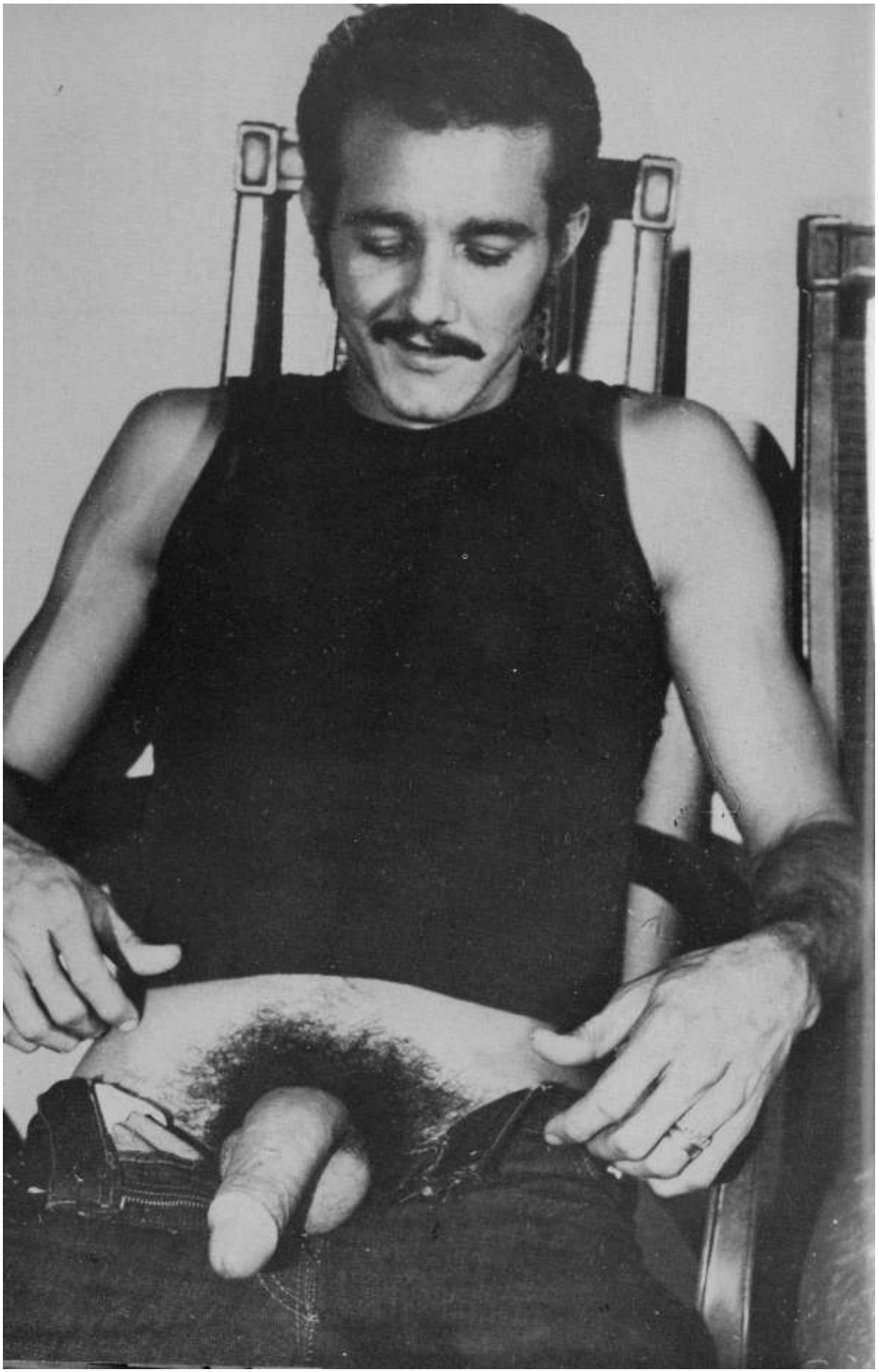


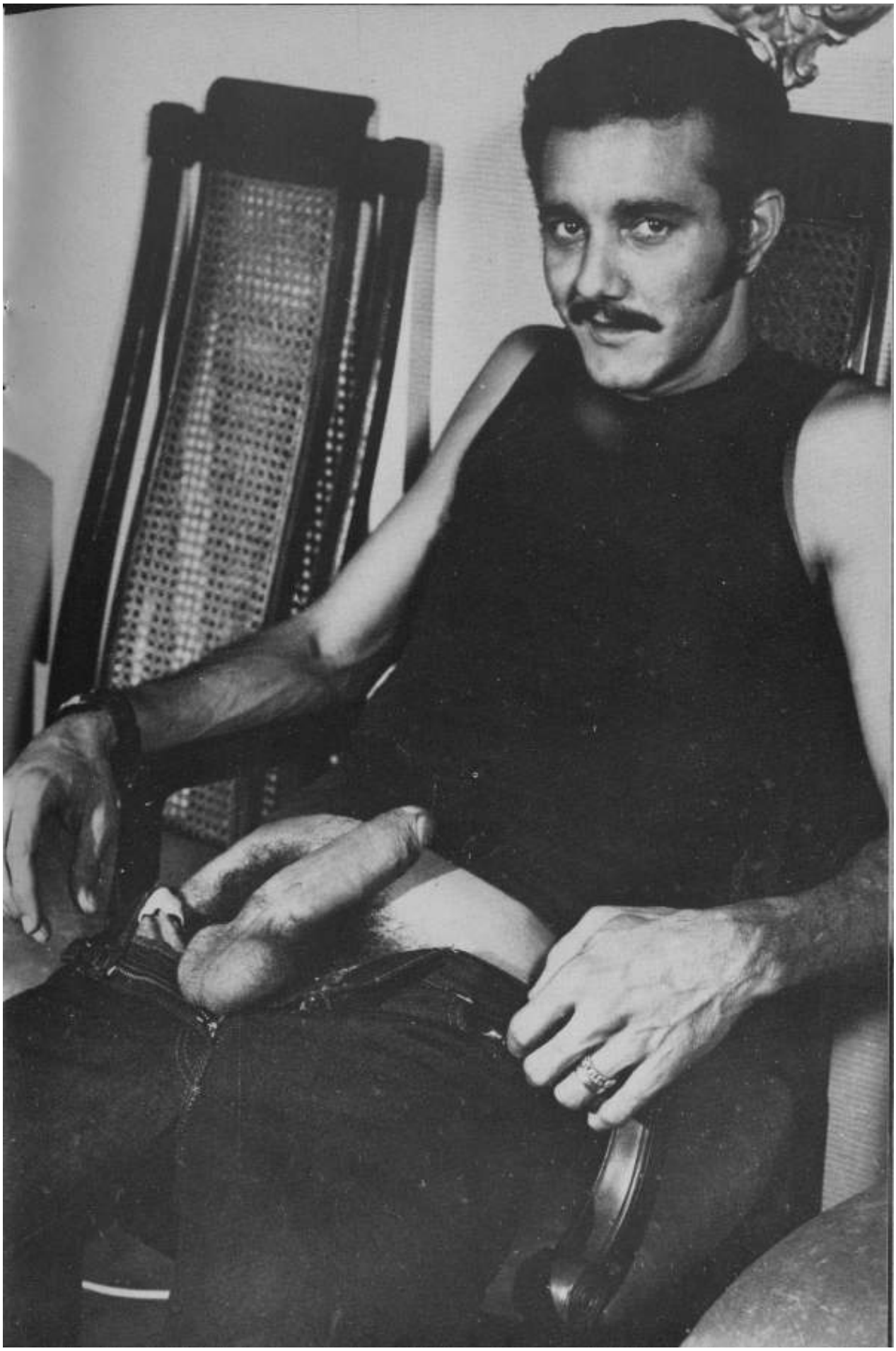
KAROL

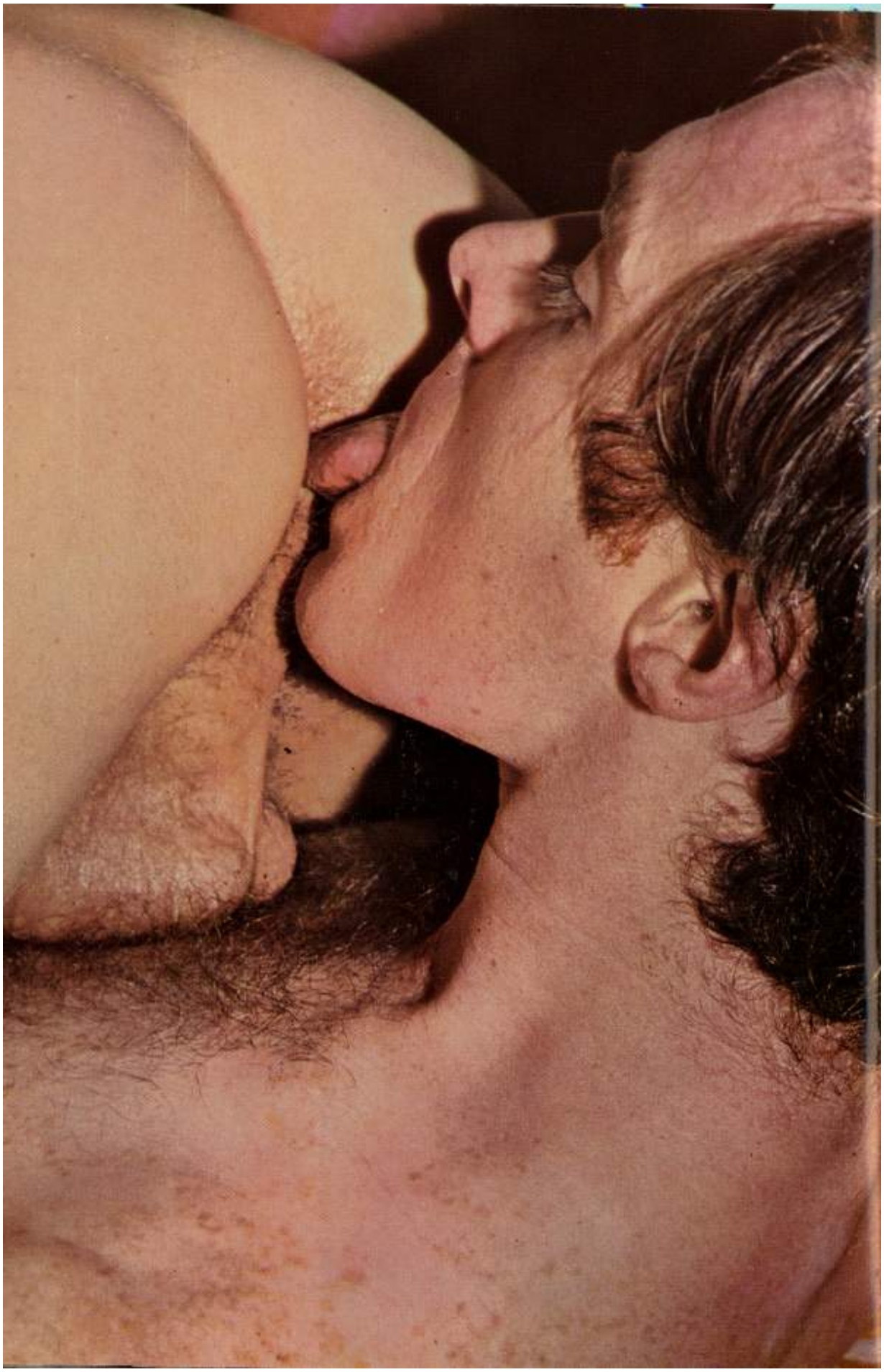
Fellatio can be enjoyed in several sitting, lying and even standing positions, not necessarily mutual, provided the other person's genitals are fully available. *A great many one night stands are accomplished with the recipient in a standing position with legs wide open, while the other bends or kneels at the best angle to fully engulf the penis in his mouth. Sitting in a chair while the fellator kneels between the other's legs is another favorite method.*

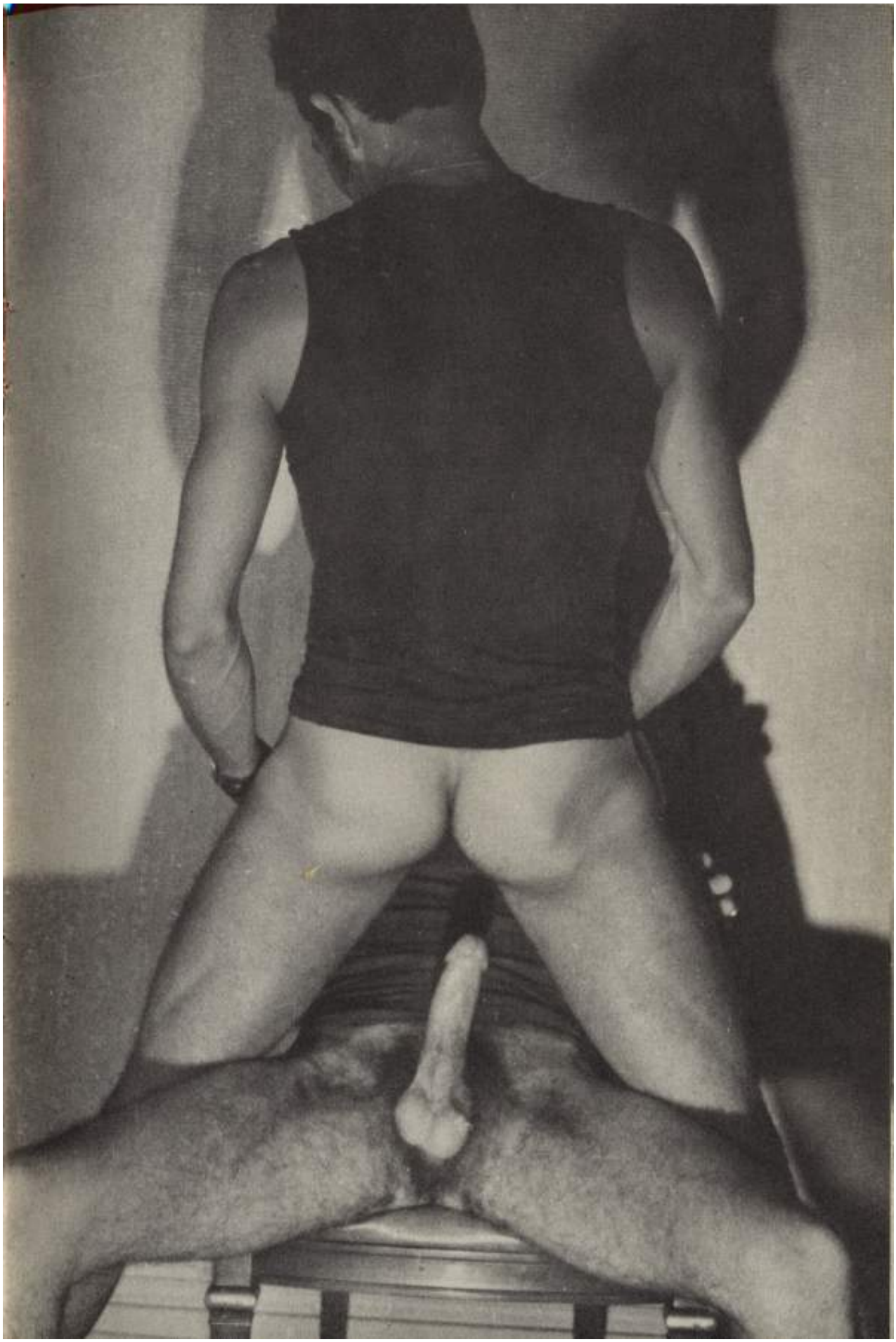
On the bed or floor mutual fellatio can be accomplished either side by side or with one partner crouched over the other one in a reverse position, although this can be uncomfortable for the person underneath if his partner gets carried away and plunges too deeply into the other's mouth.

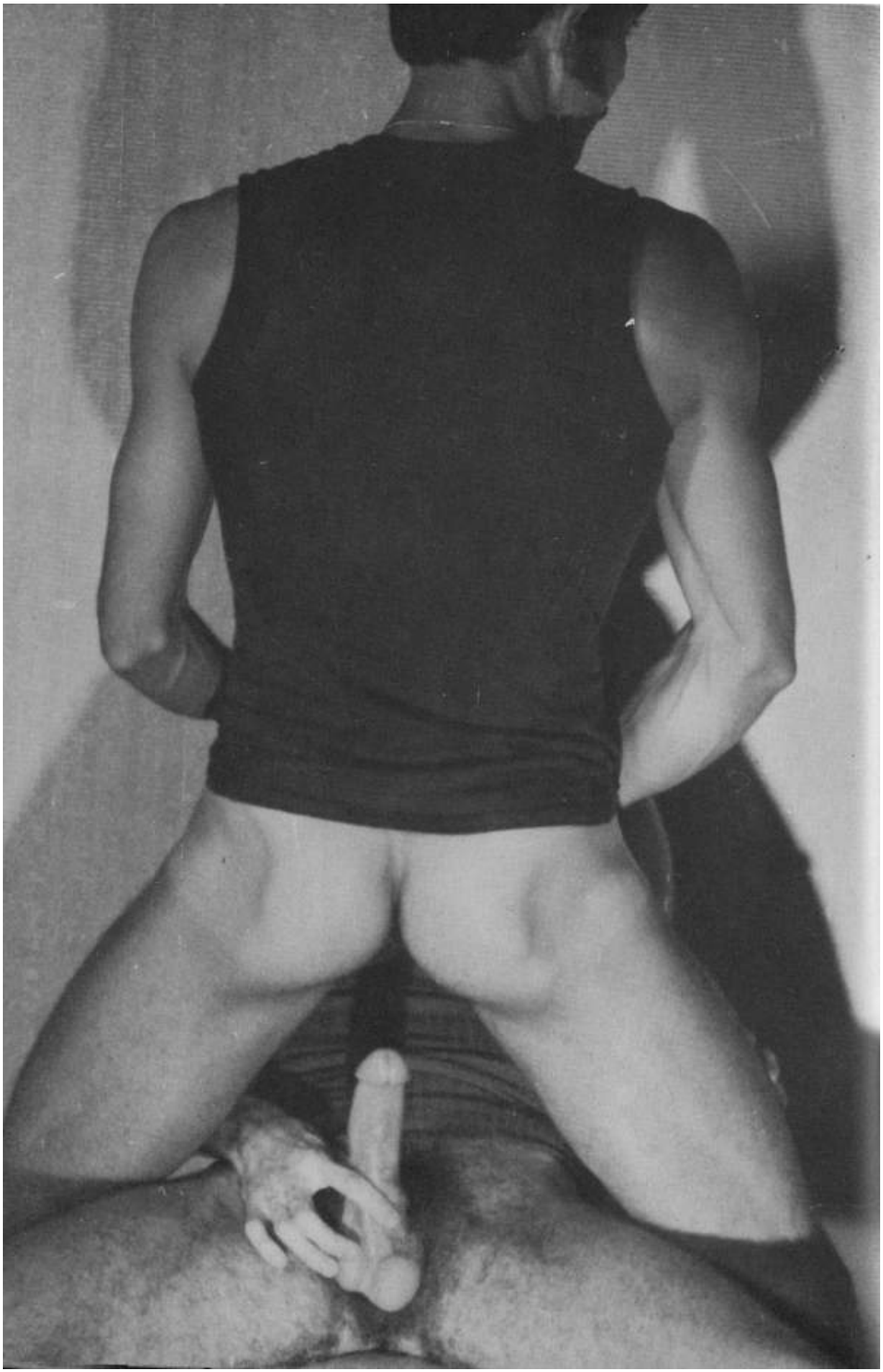
In fact, oral intercourse can have its disadvantages, though these are not known to have any inhibiting effect on the enthusiast. Great penile length can stimulate the gagging reflex in a fellator, particularly in the last position described above. Great penile diameter can decide the outcome of how much, if any, the fellator is willing and able to take in his mouth. Inexperienced fellators can irritate the penis with their teeth, unwttingly perhaps, and particularly again when the partner's organ is very large, or occasionally by a reflex action of biting or clamping down when near their own orgasm. For this reason it is a well-known and sometimes humorously applied fact that persons with removable false teeth are reckoned to be superior cocksuckers, particularly among young male prostitues.

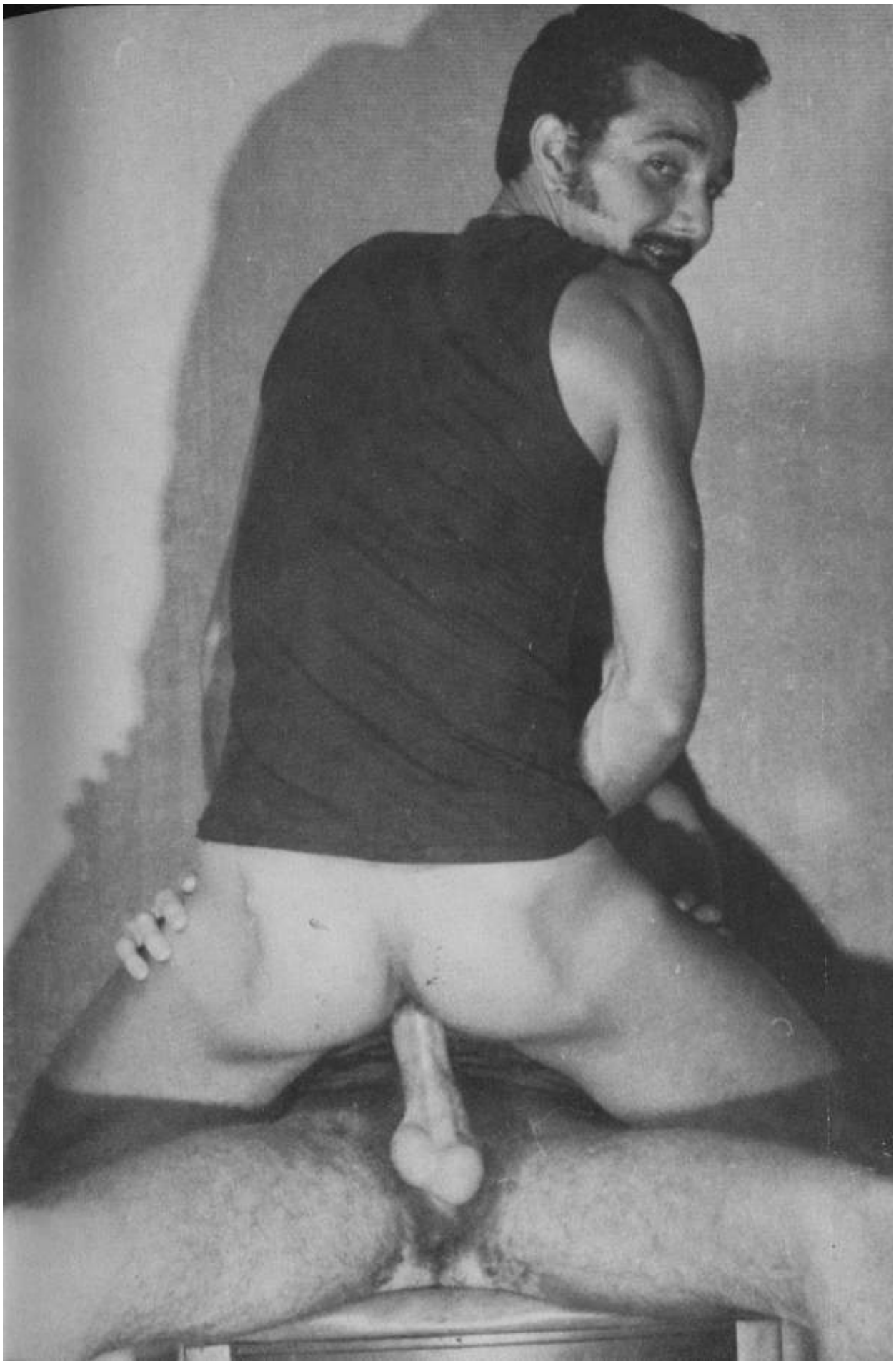


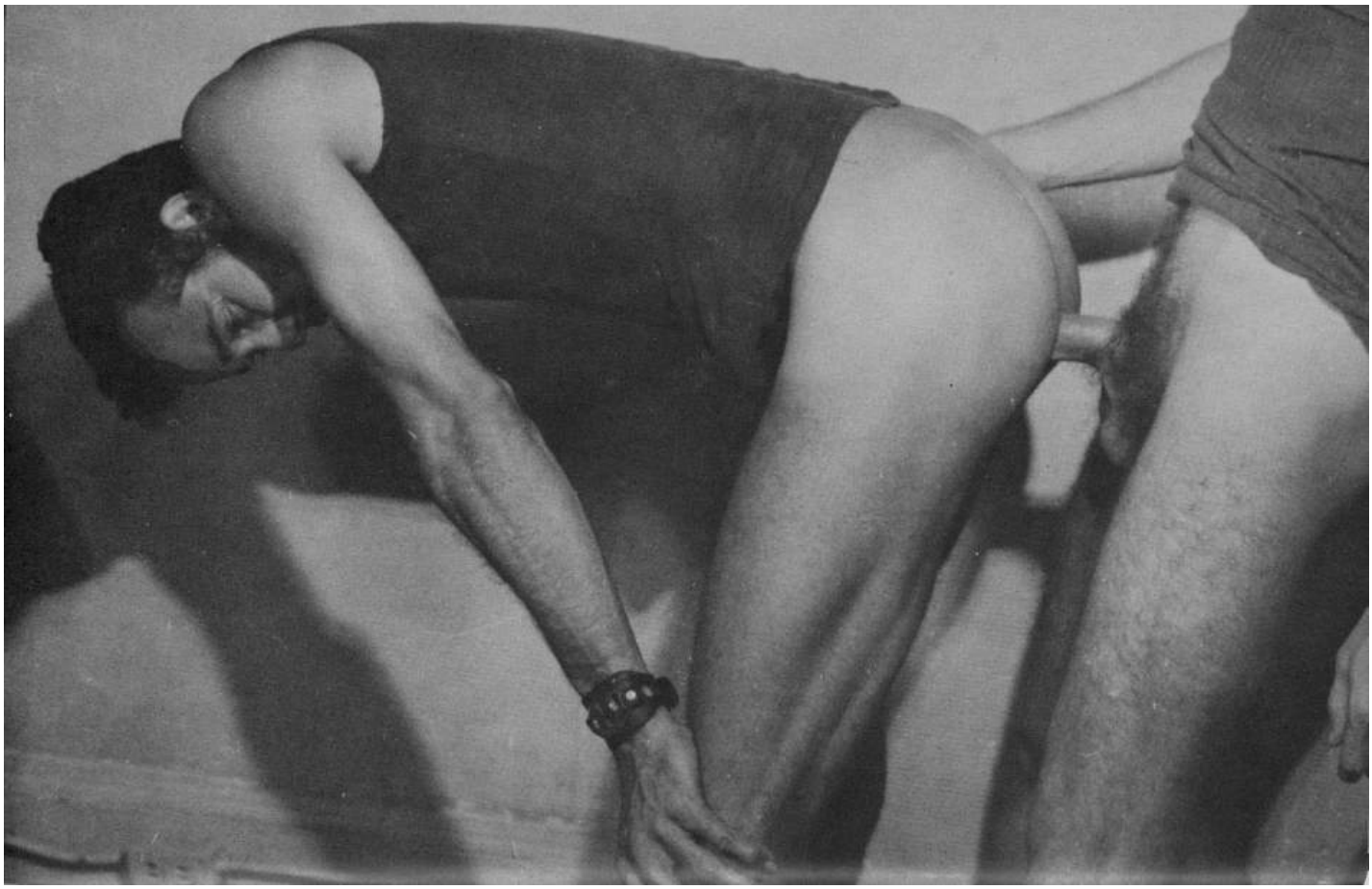












ANAL INTERCOURSE

"Sodomy is a Pain in the Ass!"—Lapel button motto

Anal intercourse is, by definition, probably the most misunderstood and vilified sex position in the spectrum of sexual activity, both homo- and hetero-, outstripping the prejudice about fellatio, cunnilingus and other exotic variations. It seems that one can never get away from the unpleasant association of a clean and pure sexual ecstasy with impure bodily wastes. Apart from this being a matter of personal hygiene, in that those who enjoy being on the receiving end of anal intercourse should automatically prepare themselves prior to the act by washing the anus inside and out, there are the other questions of indignity and physical harm.

Concerning the first, it is interesting to note that humans are the only creatures on this earth who insist on the superiority of face-to-face sexual contact, through the mistaken belief that love is the only thing that makes sex enjoyable and that it can only be expressed verbally and by mouth kissing. On the contrary, sex is a physical pleasure capable of being enjoyed in ways as varied as any other physical pleasure. How dull life would be if everyone ate only one kind of food and played only one kind of sport.

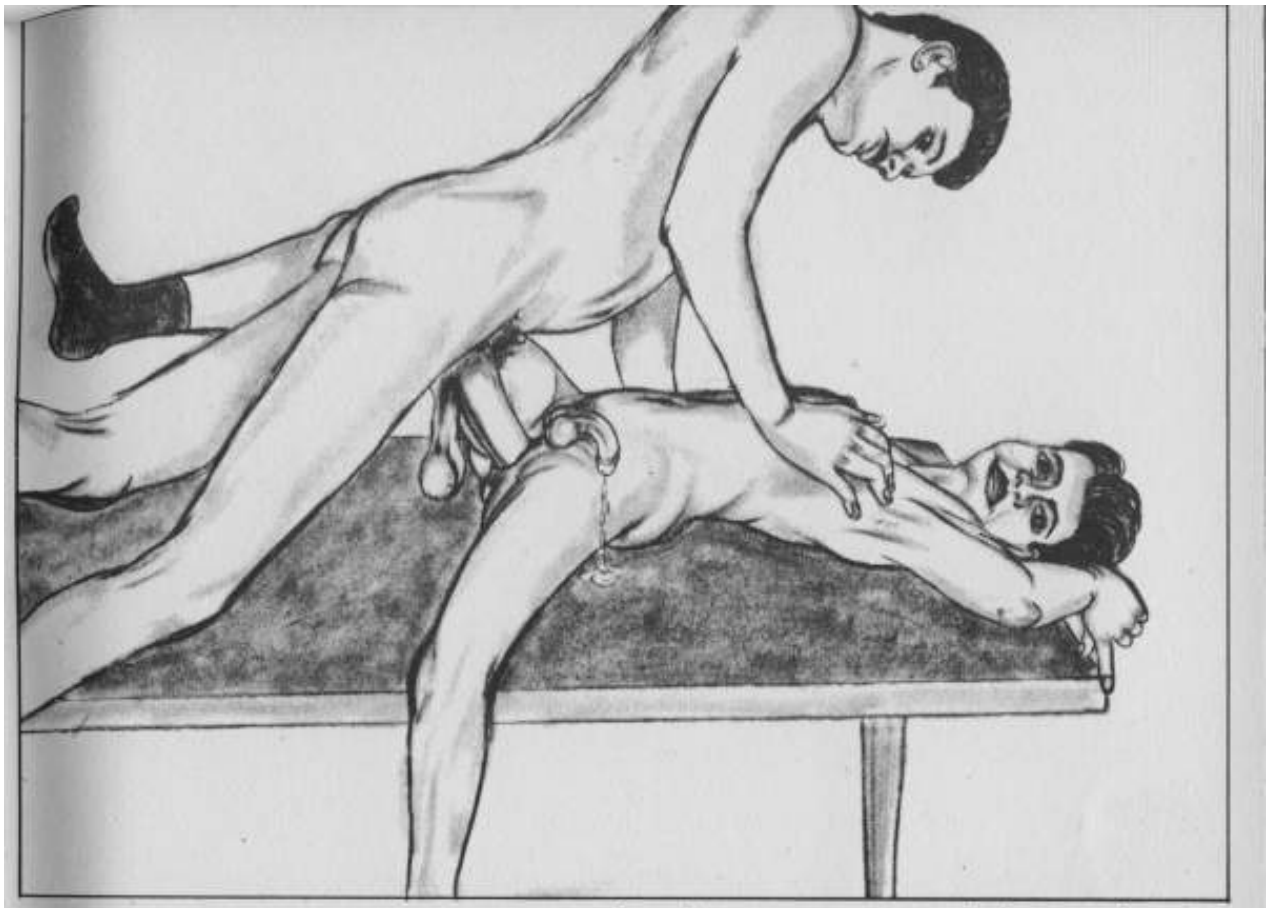
There is an old joke about the patient in hospital who heard a knock on his door and said suspiciously, "Who is it, friend or enema?" The man who said that probably would not enjoy anal intercourse. It would be impossible to convince him that

physical injury to the anus is impossible provided there is no forcible entry and the recipient is properly relaxed.

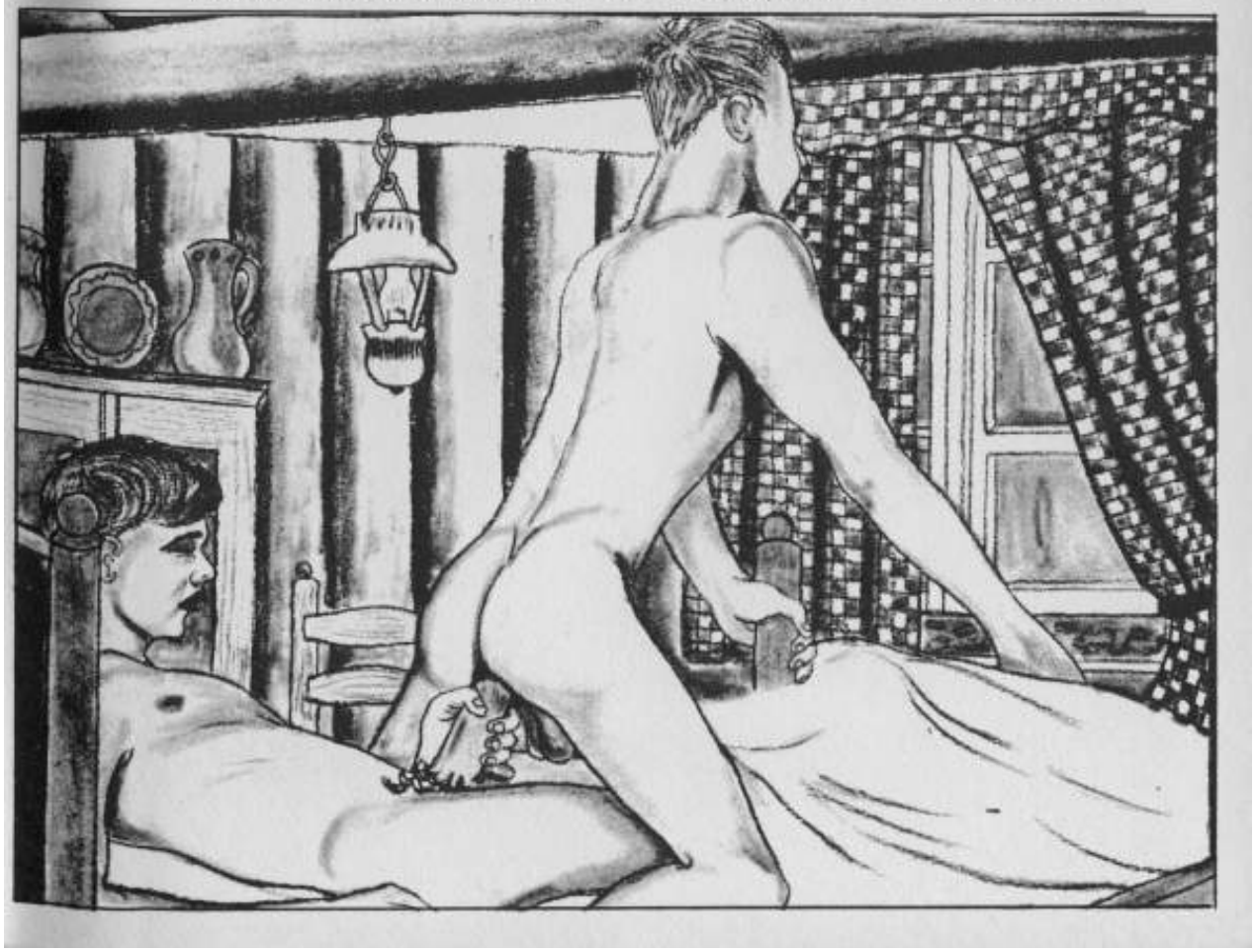
Strangely enough, the enjoyment of taking a penis into the rectum is intimately associated with affectionate memories of one's parents administering anal douches during childhood. This can persist in later years as a definite predilection for enemas and other articles being thrust into the anus. *The writer is acquainted with one follower of an esoteric Eastern religion which requires a daily insertion of a penis-shaped solid rubber dildo into the anus as part of the technique of meditation and self-awareness. This he carries out religiously every morning while shaving and having coffee, keeping a selection of dildos of different sizes in a dressing table drawer, selecting one or the other according to his mood on arising.*

There is no doubt that once all prejudices and preconceived ideas have been eliminated massage of the rectum by one means or another will have a beneficially stimulating and relaxing effect. Acquaintance with the neuro-anatomy of this region can explain why this is so. The anal region is one of the main nerve centers of the body where tensions can accumulate. As massage on the back of the neck can relieve a headache, so massage of the rectum and prostate can unwind and relax a person.

Sexual stimulation is achieved because the sensory nerve fibers going to the anal region arise from the same part of the spinal cord as those going to the genital region. The principal nerves involved are the inferior hemorrhoidal, the peri-



Anal intercourse in European erotic art

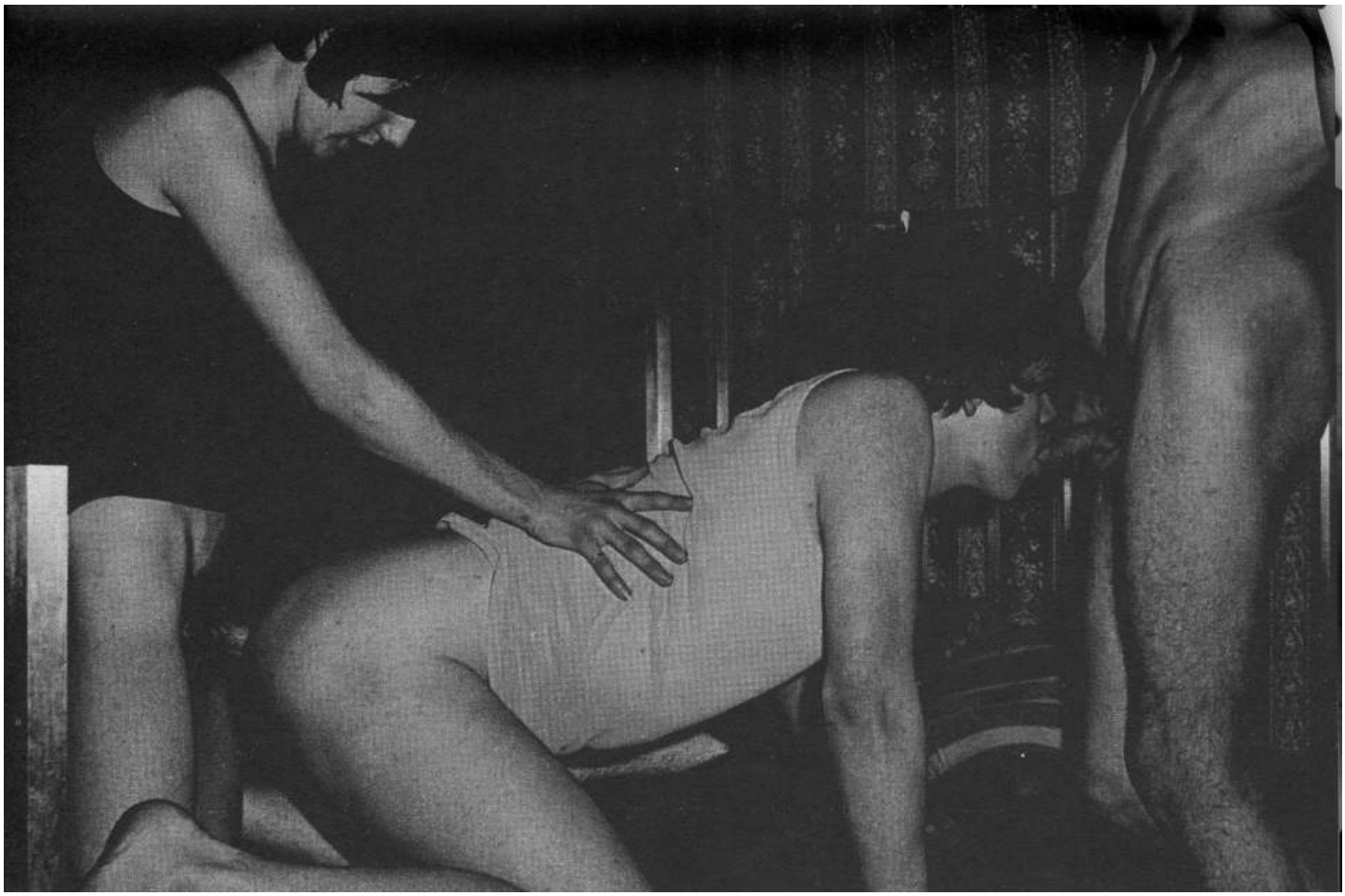


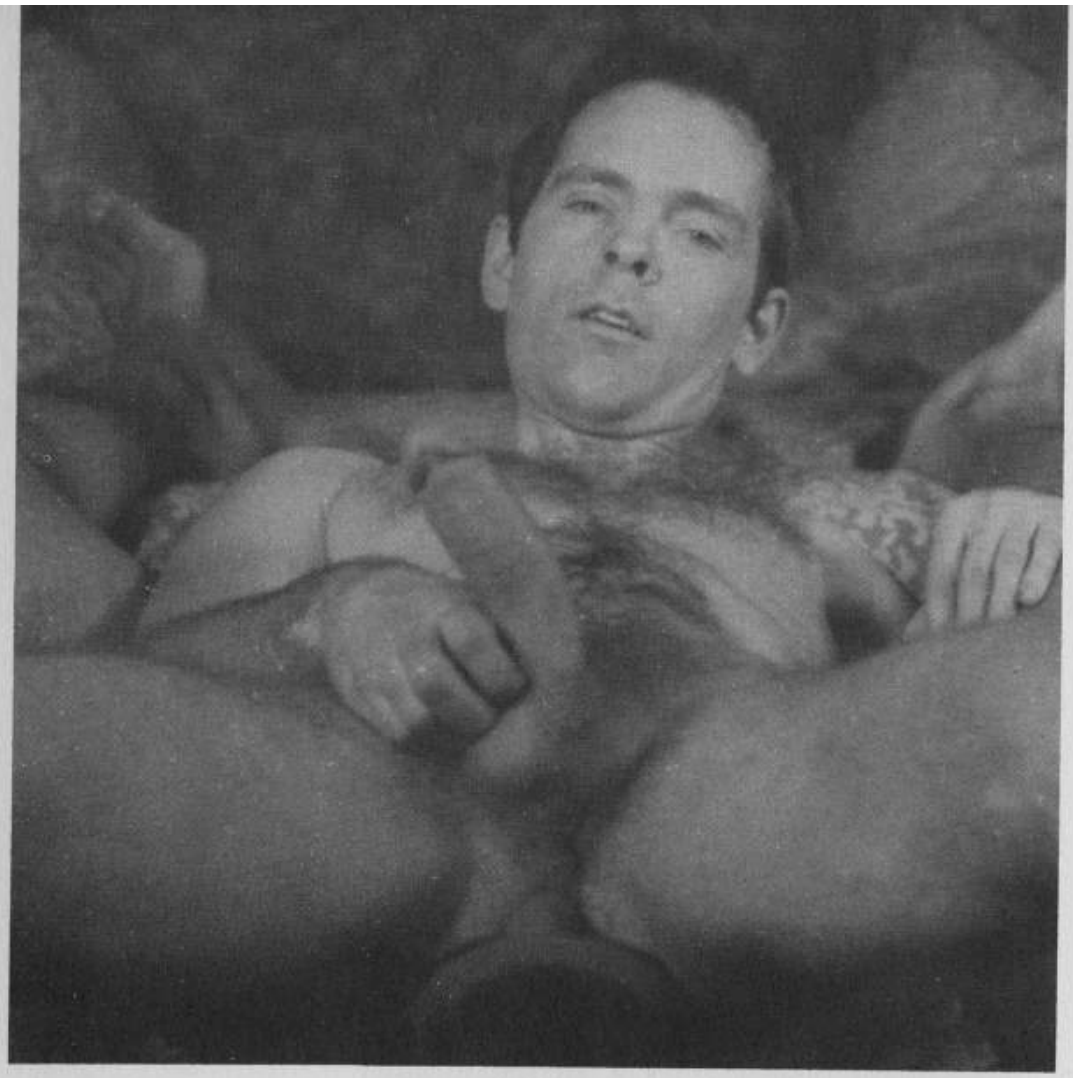
neal and the dorsal nerves of the penis or clitoris. Where so many nerves are active in the same region at the same time the signals from them tend to become associated or to reinforce each other. In addition, the genital areas share some muscles in common, the activity of either area stimulating the other, resulting in definite erotic associations with anal stimulation, and in many cases actual sexual feeling.

Anal intercourse, particularly in certain positions where the penis is allowed maximum entry at the correct angle, can result in massage of the prostate, which is responsible for sexual stimulation and some overflow of secretion long before orgasm. The nerves of the pelvic sling, the inner case surrounding the genital area, can also cause sexual sensations; Kinsey was of the opinion that they are probably responsible for much of the sensual gratification felt in deep vaginal as well as deep anal intercourse.

This position can be enjoyed in many ways: face to face and belly to belly with one's legs wrapped around the active partner's legs or trunk, or belly to back with one's head turned to meet the partner's face. A more common way capable of many variations is the one unfortunately associated in most people's minds with the way animals have sex and stigmatized thereby: the kneeling or crouching position with the penis introduced from the rear. A third way very popular with homosexuals is for the passive partner to lie on his back supported under the buttocks by a pillow, with his legs in the air as far over the shoulders as they will go. The active partner kneels or squats in between and pushes his penis forward into the other's anus.

Another less well known but satisfying position is where the passive partner lies on his side with his knees bent hard up against his chest and his penis and testicles pulled through his legs so that they are protruding at the back. During intercourse the active one masturbates the other, jerking the penis towards him and manipulating the testicles. This makes a simultaneous climax not only possible, because the passive partner is pushing his penis towards *rather than away from the other person, but also very exciting, because there is no straining away from each other at the climactic moment.*





There are many different theories about the use of the correct lubrication in anal intercourse. The most common are petroleum jelly and surgical lubricants such as KY jelly, although in cases where these are not available the ingenuity of determined homosexuals knows no bounds: butter, vegetable oil, cooking fat or even whipped cream, or soap and hair preparations are reported to be adequate substitutes, depending on whether one is nearer the kitchen or the bathroom. A great many prefer a liberal application of saliva, to which end another sexual activity is brought into play, namely

oral-anal contact or 'rimming,' as it is more popularly known.

On the other side, there are some disadvantages to anal intercourse, as with fellatio. These are principally a result of differences in sizes of penis and anus, or a too excitable and demanding partner, or the presence of chronic rectal spasm. In addition, if the passive partner is suffering from some physical disorder such as hemorrhoids, fissures, fistula in ano or polyps, anal intercourse can be painful in what would otherwise be favorable circumstances.

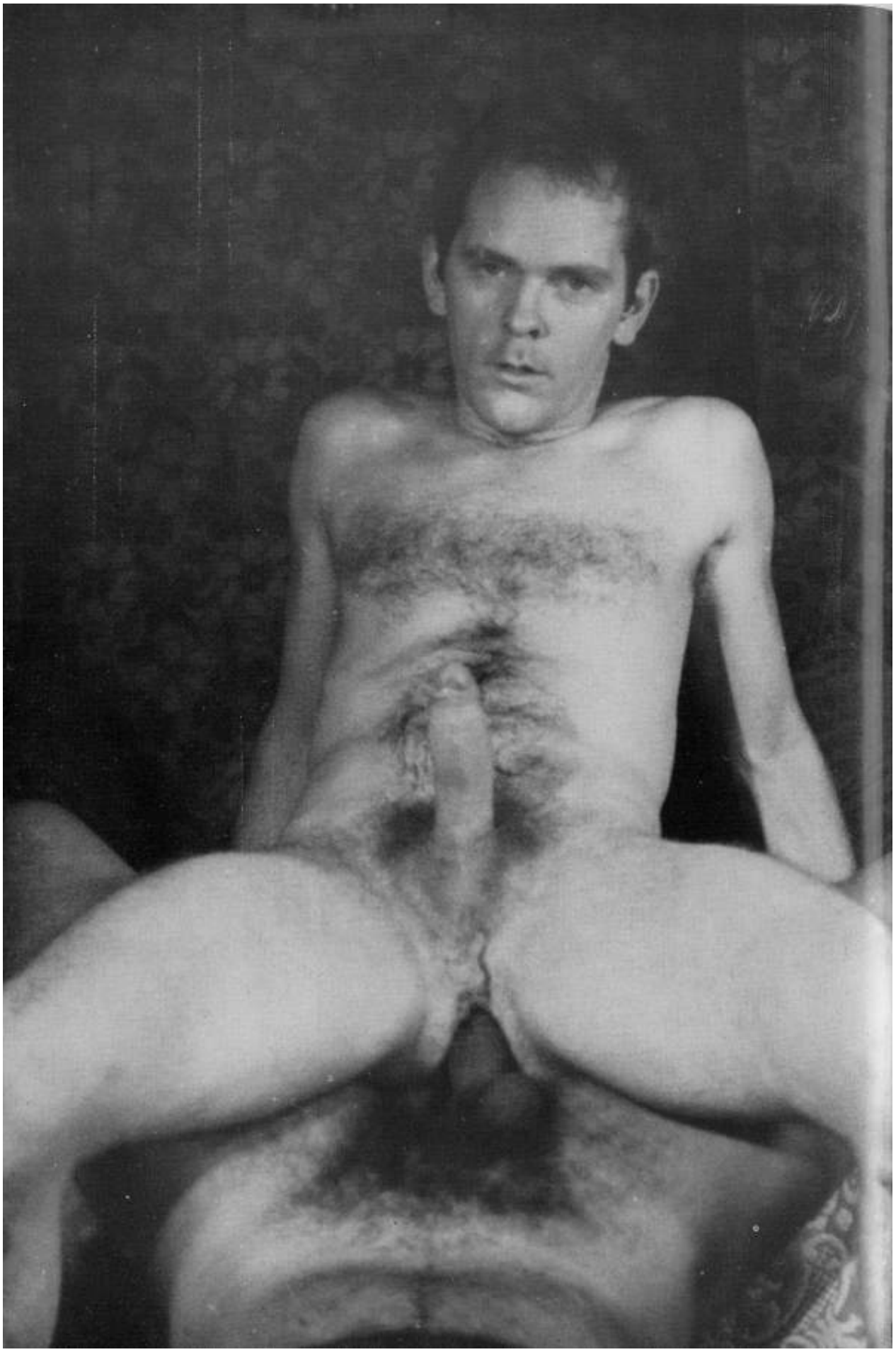
Normally, the anus is extremely distensible; constriction is generally from muscular spasm, often associated with constipation but ultimately deriving from fear, whether of specific local injury or of some more generalized trauma such as the overridingly prevalent one mentioned earlier: the equation of the anus with excrement and an unwillingness to admit its use for sexual pleasure.

Some other methods of body-to-body contact should be mentioned here before ending this chapter. One has no medical term but could be termed the "Bear Hug." It is often used by Lesbians, also by very young children of either sex in wrestling and playing. The active partner clasps the other's legs or trunk between his own legs and rubs his penis against the other's body while hugging him with his arms. The continued friction can bring on an orgasm. Insofar as this involves actual love play with a partner, caresses and in many cases kissing, it is a decided improvement on masturbation, although the mechanism is much the same.

Yet another position is called the "English" method because of its reputed common occurrence among boys in English boarding schools. The most famous homosexual of all time, Oscar Wilde, is said to have used it with his boy friends. The penis is placed between the partner's thighs, either face to face or with one partner's back turned towards the other. In the latter position the penis also can be thrust into the fleshy folds of the buttocks without penetrating the anus or up along the buttock crevice.

In practice a combination of the Bear Hug detailed above and the English method can be used so that both partners are stimulated at the same time, although this can only be achieved in the face-to-face position. The partner then using the English method can obtain great enjoyment from pressing his penis hard up against his partner's perineum, the hard ridge between the anus and the scrotum, provided there is not too much hair there to cause irritation. A good argument advanced by paedophilists for their preference is the very absence of hair on a young boy's body.

Today, in the columns of sex newspapers and gay publications you will find many advertisements from men who profess to be devotees of "Greek Love" and are looking for someone else to share it with or practice it on. It is ironic and perhaps symptomatic of our times that, whereas Greek Love once meant the adoption of a younger boy by an older man with sex being a secondary consideration, nowadays unequivocally it indicates a person's preference for anal intercourse, that being reputedly the modern Greek male's favorite form of sexual pleasure when in company with another male.



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APPENDIX 1. Phone-a-Boy Sex

APPENDIX 2. Cherry Grove and other gay meeting places

"... The Commission believes that accurate, appropriate sex information provided openly and directly through legitimate channels and from reliable sources in healthy contexts can compete successfully with potentially distorted, warped, inaccurate, and unreliable information from clandestine, illegitimate sources; and it believes that the attitudes and orientations toward sex produced by the open communication of appropriate sex information from reliable sources through legitimate channels will be normal and healthy, providing a solid foundation for the basic institutions of our society."

—The Report of the Commission on Obscenity and Pornography 1970.